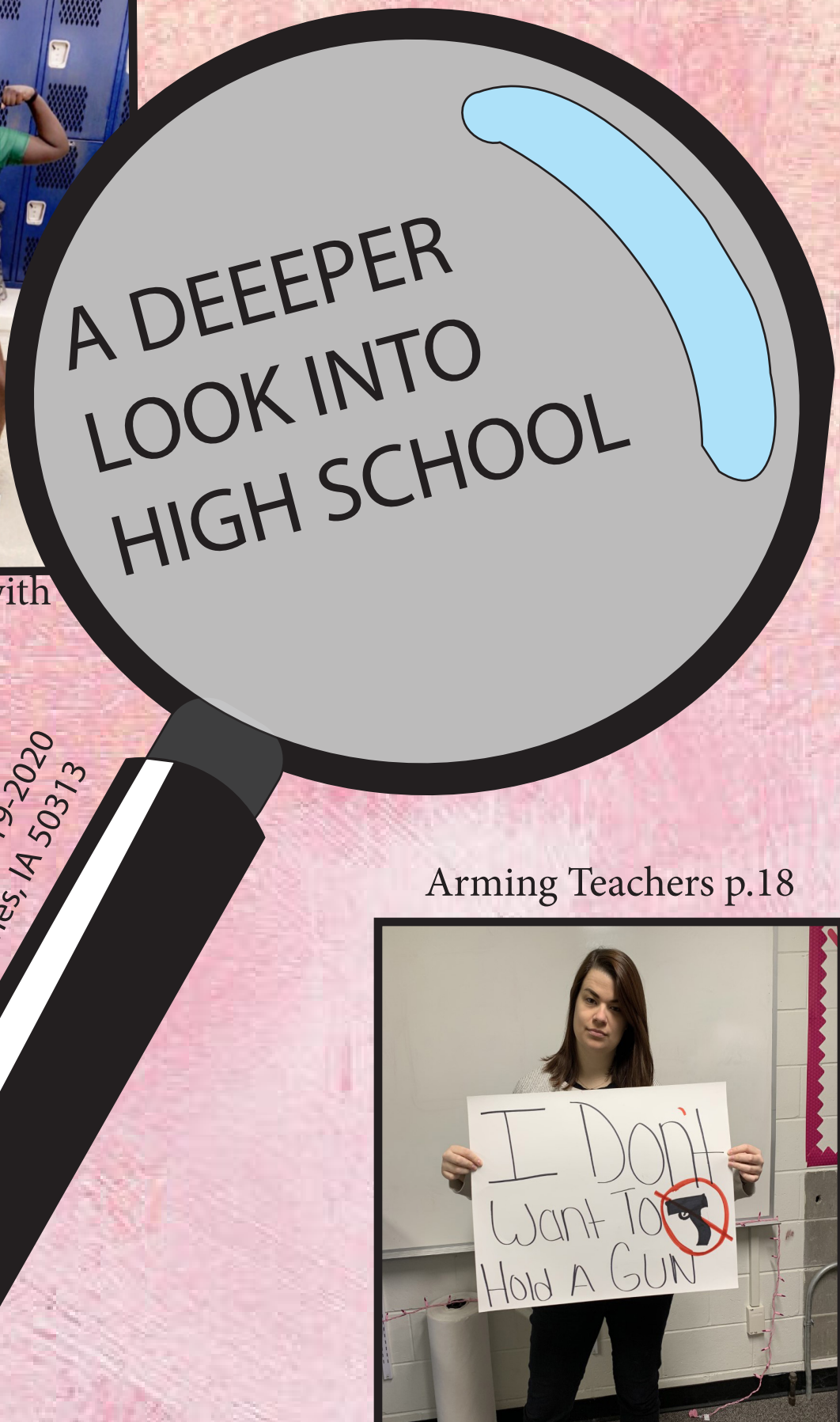


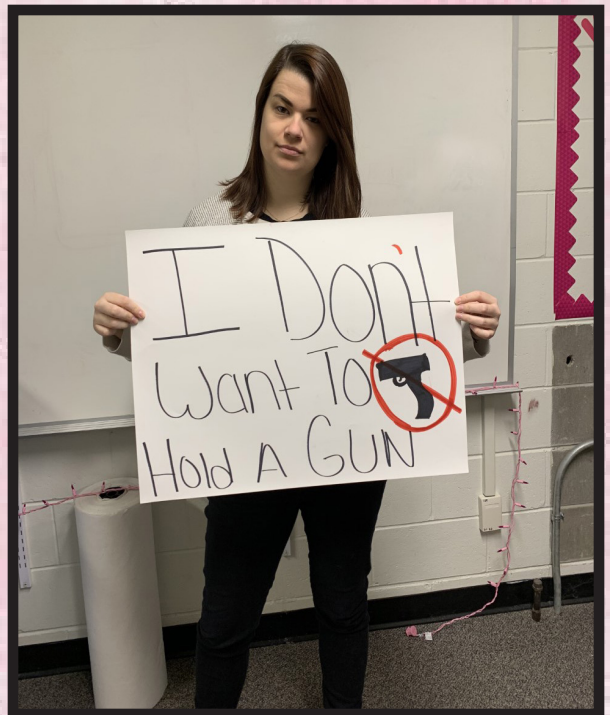


On the court with  
Nya Mach  
p.10



North High School Journalism 2019-2020  
501 Holcomb Ave Des Moines, IA 50313

Arming Teachers p.18



Coach Yo by: Hope Dobek

*I chose to interview Coach Arroyo also known as Coach Yo. Coach Arroyo works at North High School in Des Moines Iowa as a physical education teacher and coach's basketball. Coach Yo's favorite part of his job is "coming in contact with 325 young adults and having the ability to put a positive impact to change their lives." The reason why he chooses to work at North is because he feels like he can make the biggest positive impact here and be able to show that there is an adult that cares for us. Another favorite part of working at North is when students make cards because it shows him that students really do appreciate him and that he really is making a difference. His hardest part of his job is to not take home problems from school whatever students are going through and coming home with a negative attitude.*

*Coach Yo's motivation for students is "in life stay positive and see the light of things in dark times, in relationships (or friendships) make sure the other person is happy first in whatever problem or situation and be up front and completely honest with them and is it ok to say that you aren't right and that you messed up and take responsibility." Coach Yo's advice for relationships is that before you get in a relationship make sure they are your best friend first. Be completely honest and if it's something that is going to hurt them make sure you say it in a certain way. Coach Yo suggests two nice things about whatever is bothering you that they are doing or whatever is bothering you. Tell them anything and everything do not keep anything hidden from them. One thing that coach yo would do for his students if he could is he would adopt all of us and make sure all of us had someone that would show us that there is someone who does care and someone who is here for us.*



Coach Yo teaching students a lesson of how to play tennis

facts of Coach Yo:  
• He has been chased by a bull in puerto rico  
• Coach Yo and his wife are high school sweethearts  
• Coach Yo has been with his wife for 17 years  
• Coach Yo used to party all the time  
• Coach Yo has 2 boys and the 2 girls get treated like queens



Coach Yo playing tennis with his students.

# Who Is Timothy Johnson?



Timothy Johnson coaching the varsity football team and giving back to the community. He helped these goofy kids get where they want to go. “These my boys, they work hard every day, but some of them need to mature up”. #PBN Photo Credit: Kevon Bickham

I wrote an article on Timothy Johnson and Johnson was done with college, he came and help North high school. He said the reason he came to north high school was to “give back to community and help kids that look like him”.

Johnson’s job entail’s caring forward is clothing closet, food pantry, pb crew, Brother to Brother, Core, Coaching, Internships jobs, and Workshops. Johnson has a lot of people that appreciates him and like the way he runs things.

Johnson brings a lot of positivity to North high school and people enjoys being around him. His biggest success he said was “figuring how to go above the system that we have now” and his biggest failure was “High school students not listening to coach’s about work ethic’s

and immaturity”.

Johnson has affected some kids positively at north high and kids thank him for it till this day. Johnson had influenced the kids by being there for them or teaching them a few life lessons or giving tips for kids that play sports. He wants to see the kids go far and help them develop. The kids that are around Johnson know that he can a playful man but when comes down to business, it’s time to be serious.

Deavin Hilson, Antonio Swanson were the few more kids that was on football team like to hang and mess with Johnson for fun. Johnson will mess with them too, but during bad days or a “teaching moment.”

Johnson guided them to a successful path so they can improve their game. Johnson loves to give

back to his people because he feels like he’s doing a good thing which he is.

Johnson improved North and their programs in ways that kids want to come out to do things.

Johnson’s jobs are:

- Coaching
- PB crew
- Clothing closet
- Internships Jobs
- Brother to Brother
- Workshops
- Food pantry
- C.O.R.E.
- Bridge to community

# Jennfier Dryden; How Dryden handles multiple different things

By: Dayna Christensen

Jennifer Dryden is a teacher at North High School. She has been teaching for seven years but teaching at North for six years. Dryden teaches English, Journalism, Newspaper, Yearbook and Creative Writing.

“My favorite class is probably newspaper I inherited it my first year I came here six years ago, and it has kind of just been my baby ever since and it’s really cool. It’s all student run and I’ve had a lot of good leaders in the past and the kids really take it seriously. We’ve also given North a voice to care about something, write about it and have people read it. Journalism empowers students. I think teenagers don’t have a voice and having newspaper lets them have a voice,” Dryden said.

For English three, Dryden teaches juniors. She can talk serious about politics, things they care about, and

talk to them on a mature level.

Towards Journalism, she likes seeing everyone interview and being able to sit back and watch them be passionate.

Newspaper and Yearbook, they just become a family and find their place at school. Everybody becomes a part of her heart and family. Being able to teach an elective she’s so passionate about can feel rewarding because of what she does. She has not taught creative writing as that’s next semester. She is ready to teach this class because of what she learned at Iowa State.

She has a way of staying organized by having a planner, using handouts and making PowerPoints.

**“My favorite class is probably newspaper I inherited it my first year I came here six years ago, and it has kind of just been my baby ever since and it’s really cool,” Dryden Said.**

Dryden handles all the classes by being organized and is very good at juggling things and staying passionate about the subjects make it easier too. It’s easy because she has students in the classes to help her count on.

“The most I like about North is the diversity because I like how no student dresses the same, looks the same, believes the same things and everybody likes being themselves. That’s not how it is in the urban schools

because everybody has the same shoes, same shirts, same haircuts or same brand,” Dryden said.



HEY. This is Ms. Dryden’s newspaper class. Posing for a school project on December 12, 2019. (Photo Credit Dayna Christensen)



Yo. This is Ms. Dryden. Displaying all the classes she teaches this year photo taken on December 16, 2019. (Photo Credit Dayna Christensen)

The reason Dryden came to North was to take over the journalism program. Mr. Graeber emailed her and towards the end of her first year at East. North had an opening for a journalism teacher and they thought she would be a good candidate and wonder if they could interview her. This is the career Dryden wanted she can run the journalism program.

She wanted to become a teacher because she didn't want to sit behind a desk all day. Before Dryden became a teacher, she was

a journalist for college media. She also worked for a while in the book publishing industry in New York City. Dryden loved it, but it was too easy doing the same things over and over like editing, writing stories and she flew through tasks. but thought New York was intimidating.

Dryden likes to be her own mini boss and control as much as she can and

working with teenagers lets her do that. "It's crazy but fun having my own classroom, do what I love, I love it enough to make a career out of it," Dryden said.

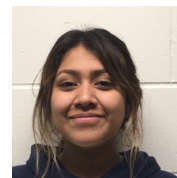
Dryden's degree is in Bachelor of Science in Journalism and Mass Communication. Also, a Bachelor of Arts degree in English Education, and a professional certificate in magazine and book publishing.

## Things Other people like about Dryden



Amanda George is a junior at North High School. "I like Dryden

because I know I can go to her for any reason no matter what it is, and I can trust her about anything" George said. Something important Dryden has taught her is to believe in herself and she can do anything she could put her mind to. "My most memorable moment with her was when we all talked about what we wanted to do with the oracle and changes we should make" George said.



Itizy Melo Garcia is a junior at North high school. "I personally like Dryden

as teacher because she can show she cares about you and can treat you like her own" Melo-Garcia said. Something important Dryden has taught her is the importance of deadline and time management," Melo-Garcia said. "There's always something that makes her memorable, but I would say the most memorable moment was when she asked me to be editor in chief of the yearbook" Melo-Garcia said.

## Fun Facts

- Dryden didn't have pizza until college.
- She's a children book author and published six books.
- Dryden reads Avenger.
- She lived in New York for 1 year.

# Who Is Laura Garcia?

By: KierraVivanh

Laura Garcia is Mexican, twenty- three years old and is currently working at North High School as a Family and Consumer Sciences teacher.

Garcia has always wanted to become a teacher since in the ninth grade. She graduated college and went to culinary school. Garcia's great-grandpa was a teacher in Mexico, her great-grandma was a great cook but has passed away. Ever since her great- grandma passed, Garcia got more into cooking to feel closer to her, and so she started the culinary program at Central Campus.



**In the picture above she is getting ready! Garcia is demonstrating how it should look when students are in the cooking station. (Photo Credit - KierraVivanh)**

After graduating high school, she decided to become an FCS teacher because she was very passionate about teaching various content. She applied to both North and East High School, right away she fell in love with North High by the way the staff were so supportive.

Now that she is an FCS teacher at North, she has built many teacher- student relationships. Garcia wants all her students to know how important their education is. She wants her students to feel like her classroom is a safe place where they can be stress free. When you are a student in her class, she expects you to do everything you can to succeed . Garcia can have her good days and bad days, but that will not change the way she cares for your education. As students graduate and leave, Garcia wants them to remember her as a teacher who made class fun and meaningful, a person who will always be behind them during negative and positive times.

People who motivate her are, her family, friends, and her students. Garcia was inspired by Mrs. Wilson her sewing teacher at Lincoln High School, during her senior year of high school that's when she knew she wanted to be a teacher just like Wilson. In the future Garcia would love to open a bakery with a two-floor building where she can teach culinary class on one floor and sell baked goods on the other floor but until then she's meant to be a teacher here at North High.

Some fun facts about Ms.Garica are , She loves to paint on her free time. She likes to thrift shop and upcycle items and clothes. Garcia LOVES dark chocolate KitKats. Her favorite pizza is Hawaiian pizza. Her next goal in life is to open up her own restaurant.

**Quotes by Ms.Garcia**  
**“My advice to students to be successful is to not be afraid of failure” -Garica**

**“It’s okay to break down and be able to get back up” -Garcia**

# Feel-Good Bags

By: Brooke Collins

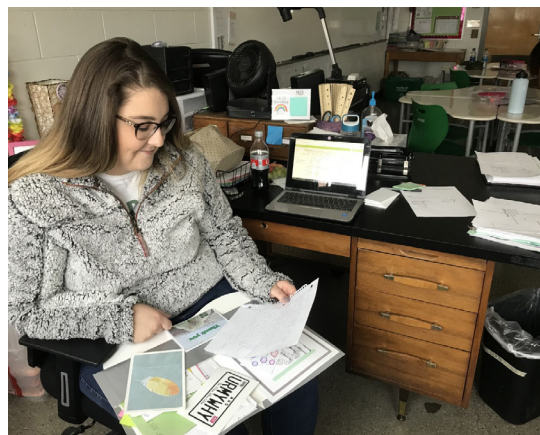
It's rumored that teachers keep anything that students give them. But is that true? If so, where do they keep them?

After talking to a few teachers around school, I found that teachers do keep the things that students give them. They call them "feel-good bags." These feel-good bags come in many different shapes and sizes; for example, a shoe box, baggies, folders, and binders. Teachers keep notes, drawings, pictures, letters, jewelry, pretty much anything students give them.



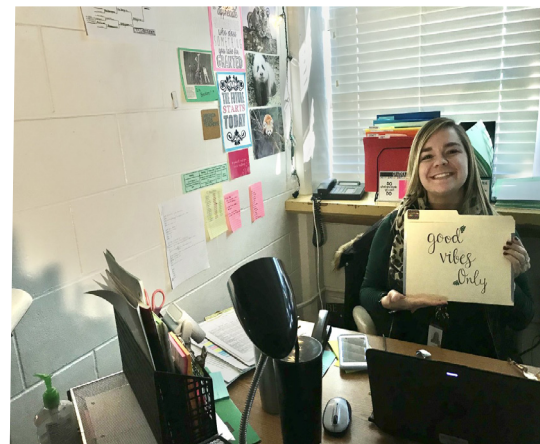
Jennifer Dryden, a journalism/English three teacher, is with her feel-good bag that consist of notes, jewlery, etc. Dryden uses her bag to remember "the reason I'm a teacher, and all the students I have made an impact on," Dryden said. (Photo credit: Brooke Collins)

TJ Miller, a geometry and AP computer science principles teacher, keeps a collection of notes, pictures, and cards. One of her favorite things is a note from a student "that I always thought hated me; saying that I was her favorite teacher," Miller said. (Photo credit: Brooke Collins)



Amy Rost, a theater arts teacher, keeps a balloon, notes, pictures, socks, an ornament, etc. "It was a harder day, so I opened up my box when I was in the cupboard," Rost said. (Photo credit: Brooke Collins)

Sarah Gavora, an English teacher, loves getting drawings from students. "I love getting drawings from students, so many are such great artist," Gavora said. (Photo credit: Brooke Collins)



# Being an Exchange Student

Being an exchange student can be complicated sometimes, but it is definitely fun. In this article I am going to be talking about my experience in the US. So if you're interested on being an exchange student or you just want to know more about it, this article is for you.

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**By: Donna Paoli Silvestri**

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## What led you to make the decision of doing an exchange?

It happened to me that I woke up one day and I said – “I want to do an exchange”. As simple as that and I started the paperwork. But I know that other people consider the possibility of doing this for a long time. A lot of things can make you take this decision: you might not be feeling good where you are and you want to change your environment, or maybe you want to know another culture, language, etc.

## How long are you staying?

I am staying in the US for a year, but there are many different programs to choose from. For example, you have the option to do an exchange for a couple of weeks, or months.

## How much paperwork did you have to do before leaving your country?

A lot of paperwork and documents are required before leaving, I spent eight months doing what my organization asked me to. Especially if you're coming to the US, you must do a lot of paperwork and get many vaccines, but it's worth doing.

## What does your organization require in order to be an exchange student?

If you want to be an exchange student, at least in my organization, you must be between 15-18 years old and have good grades in your home country.

## What exchange organizations can we find?

AFS (American Field Service), EF (Education First), Rotary, YFU (Youth For Understanding), NSLI (National Security Language Initiative), FLEX (Future Lead-



In this picture, I am with the other argentinian exchange students, before coming to the US.

ers Exchange), and a lot more that you can look up online.

## Can you choose the country/city you are going?

In my case, with AFS, I chose the country but not the city or state. In some other organizations like EF you can choose the city, but those programs are much more expensive.

## Why did you decide to come to the US?

I came here because I was really interested in American culture and I wanted to experience everything I saw in movies since I was a little girl.

## Did you have other options regarding countries?

Yes. You have a lot of different options with AFS; in fact, I wanted to go to Switzerland, but a lot of things happened, and I ended up here. I don't regret it at all.

## When did you get a host family?

I got my host family a couple days before I left, it is common to find a family near the departure date, so it's important not to freak out. The organizations always find host families.

## Is your host family what you expected?

It is definitely better than what I expected, I have a lot of siblings and I enjoy that a

lot. I love my host family. Of course, not everyone has a good experience and some exchange students have complications, but you can always change your host family if you're not feeling comfortable.

## Were you scared to leave home?

Of course, I was really scared but at the same time I was excited, so I didn't let those bad feelings interfere.

## Do you miss your family and friends?

Yes. I miss them every day, but I know they are fine and that I will see them next year. I'm not homesick even though Christmas is going to be hard without them.

## What do you do if you're homesick?

The best thing you can do is keeping yourself busy. You won't have time to think about your home country. Besides that, I don't know what to say, being homesick can be really hard sometimes.

## Did you make friends?

Yes. I made friends from all around the world. I have a lot of friends that are exchange students, from my country and others. I also have American friends. Getting to know all these people is one of the things I enjoy the most about being an exchange student, getting to know so many different cultures helps you to be open minded and understand other people



much better.

### **What did you find different about your home country and the American culture?**

A lot of things. Honestly, the US and Argentina are really different. The people, the food, and many more things. One of the main things I noticed is that people in the Argentina are much more direct than people in the US and sometimes I hurt people's feelings unintentionally. Also, the diversity here is much bigger than in Argentina, our population is not diverse at all, and it was amazing getting to know people so different than me because I'm not used to. There's a lot of things I can mention but those are the most important ones.

### **What do you like the most about each one?**

From Argentina, I like the food and the people. From the US, I like the people too and how they care about sports.

### **What things did you learn in your exchange?**

I learned a lot of chores because in Argentina I was not required to do chores, so I didn't know how to do most of the things. I also learned to spend more time with family, I'm very independent in Argentina and I have a different schedule than my family, so I don't see them most of the day. And here I spend much more time with my host family playing games or chatting. I learned that if I want to make friends, I should go talk to them instead of waiting for them to come to me.

### **Do you see your home country with a different perspective now?**

Yes. I used to think my country was the worst and I didn't like the people or anything. Since I came here, I think Argentina is amazing and I'm really proud of being Argentinian.

### **What qualities do you consider an exchange student must have?**

If you want to be an exchange student, you must be open minded and patient, not everything is going to come out as you expected, and people are different everywhere. You may have to deal with things you don't like, or you don't feel comfortable with, but that's a part of the experience. So patience and open mindedness are the main things for me. Confidence, is also important, when you feel you cannot do this remember you took the decision of doing an exchange because you knew you were able to.

### **How can I afford an exchange year/semester?**

In my case, my parents paid for it. But you always have possibilities to participate for scholarships, there are a lot. You just have to do a couple tests and cross your fingers.

### **What benefits does an exchange in a foreign country have?**

Personal growth is the principal benefit of doing an exchange program. Maturity and self-confidence, it definitely changes the view you have of the world. Education and career attainment, because it helps your resume and it will be easier for you to find a good job in the future.



Here with my host dad, making him try Mate (argentinian drink).



Here I am in a Christmas reunion. I spent that day with other exchange students



In this picture, I am with exchange students from all around the world that came to Iowa.

### **Is an exchange worth it?**

It is definitely worth it. Doing an exchange was one, if not the best, decision I've ever made. Everything I'm learning and every second here is like gold. I love my friends and family here and I'll never forget them. Honestly this experience is amazing, and I really hope everyone has the opportunity to do this someday.

# KAPRI KING by: Chudear Mach

Kapri King is a junior at North High School and she is a varsity starter for the Lady Bears. For my final project, I decided to interview Kapri King and her basketball journey. Kapri got into basketball by playing with the boys in her neighborhood. King would notice that the kids in her neighborhood would play basketball at the park and she would join them, she was as young as an elementary school kid when she became interested in playing basketball but didn't start playing for a team until she was in middle school. Kapri has a competitive nature and basketball created that for her. Basketball isn't the only competitive sport that she would like to play, she would also play softball or volleyball. No one really inspired Kapri to play besides the kids in her neighborhood that she continued to join on a regular basis. From then on, she continued to play and never looked back. Some of the positives of playing basketball for Kapri are getting fit, being able to learn playing on a team, traveling out of the state, meeting new people, and people recognizing her for playing for North High School. Kapri also listed some negatives in playing basketball, she has experienced body aches and pains from practices, losing games, taking up a lot of free time, and frustration while playing the game.

Kapri plays basketball with a hopeful future in getting a basketball scholarship and even dreaming as big as making the WNBA. King's family is very supportive and shows up to every one of her games. Her family also criticizes her lecturing her about what she should've done better and what to do for next time. Even though it can get frustrating hearing that after the game, it pushes King to show up and show out for her support system despite the pouting faces she makes during the games when the refs make bad calls against her or her team. One of her favorite basketball players is Stephen Curry who plays for the NBA team the Golden State Warriors. King has had thoughts about becoming an international player and she thinks that would be a cool experience. All in all, Kapri wants to advise younger girls who are afraid to play or don't believe they are good enough, to continue to play hard to get better and have fun playing with experienced players to learn from them and gain confidence.



“KING WITH THE THREE POINTER” on dec. 3, 2019 the lady bears played a home game against the ankeny team. Starters Laphine Campbell, Nya Mach, Lizzy Puot, Ihari Oromo, and Kapri King were warming up for a amazing competition against Ankeny. During the game King scored more than ten pnts. It was amazing seeing the girls work together to score and push fourth quarter,” Rachel said.  
PC: Rachel Ndayishimiye

# On the Court with Nya Mach

By: Brianna Crane

Nya Mach is a strong fifteen-year-old that has a great love for the sport that we call Basketball. Mach started playing the game when she was all the way back in the third grade. Now she is a sophomore that attends North High School in Des Moines, Iowa. This is her second year playing varsity basketball for the North High School Lady Bears.

Mach has a big heart for her teammates and coaches and is always open to doing better to improve for herself and for her teammates. Unlike many high schoolers Mach has such a love for this sport that she wants and hopes to be able to go and play at a Division One college such as Minnesota, Baylor, or Missouri but possibly stay in the state and play basketball for Iowa.

Mach is very motivated to do good in this sport and the reasons behind that are that she wants to be able to make a name for herself and beyond that. As selfless as Mach is, she also wants to make a name for the North High Lady Bears basketball team. One last reason Mach said she is very motivated is because she always wants to push herself beyond what she can do so she can really improve the way that she plays the game of Basketball.



**Hoops! She Did it Again!**  
Pictured here we have Nya Mach in the locker room at the first basketball game at Perry High School with high spirit. Photo Credit: Brianna Crane 2019

## Fun Facts about Nya

- She is one out of seven sisters in her family with no brothers
- In the off season she plays volleyball for North High School
- She loves spending her free time listening to music and dancing in her room
- Her basketball jersey number for her sophomore year is the number 42
- Her favorite NBA team is the Golden State Warriors

In this sport there are many different positions that you can play such as Point Guard, Small Forward, Power Forward, and Center. Those are the few positions of many that you can play in basketball. However, Mach's favorite position to play is Guard or Shooting Guard. During her games Mach is known for making her three pointers. When on the court she is very aggressive and knows what she wants and always has a mindset to do what's best for her and her teammates.

This year Mach says that she "Feels that the girls' basketball team's biggest competition out of all the metro Des Moines schools is Roosevelt." She feels that they will be the ones that push our team the hardest this year. Mach stated that to make sure the basketball team is ready they simply must prepare themselves in practice and push themselves every rep that they do. Mach also encourages and girl to come join the basketball teams and just to play the game with your heart and don't worry about the wins and losses and just worry about how you can do better for yourself and your team.

The game of basketball is one of the hardest sports out there. It takes a lot of concentration and perseverance to compete. One bad game of basketball doesn't say the type of character that you are, this game is full of adversity and you have to take the best of it and push yourself to do better and grow from it.

# Soccer features

by Eh Moo Say



PK. The shooting form to curve the ball in the goal is sublime during practice by Harding Middle school.

(Photo credit: Eh Moo Say)

Soccer is a physical and tactical sport, 90 minutes of running and 90 minutes of using your intellect. From the first touch of the ball everything counts, body movement, communication, positioning, and preparation.

For the past 2 year of playing soccer I've been doing complicated stuff when playing like forcing the ball forward, too many touches on the ball and not playing the ball to teammates.

Over the years I've been visualizing how professional players play on YouTube and simple soccer is the most beautiful soccer. Playing quick with 2 touches or less and movement is the way soccer should be played in my eyes, the quickness of the play looks so beautiful and it feels so good in the end to make those quick play with your teammates. **"SOCCER IS SIMPLE, BUT IT IS DIFFICULT TO PLAY SIMPLE"** said Johan Cruyff.

One of the most important thing in soccer is team chemistry. Soccer is a team sport, if you and your teammates don't have chemistry with each other then passing the ball the each other is a sort of discomfort because you don't have that

kind of trust in Them .

The beautiful thing about soccer is the individual skills of each player, the elegance of how they play is fun to watch. Player have there own creativity to beat the defenders. Eyifehn Forfor is an North soccer star who played varsity for his freshman year, he is one of the most stylists player on the field taking on more than one defenders every time he gets the ball. “Step over and body feint” said Eyifehn forfor is his best move to to beat defend-ers, the step over tricks the defenders which way your moving the ball.

The body feint is when you drop a shoulder one way and go the other way.

“DON'T EVER BE SATISFIED WITH WHERE YOU'RE AT, AS A SOCCER PLAYER, YOU SHOULD ALWAYS WORK HARD TO IMPROVE YOUR SKILLS AND ACHIEVE MORE” - Eyifehn Forfor.

A great soccer player who love to play around with the ball making combinations passes with his teammates, Frenkie De Jong His favorite move is the feint but in his own way which He uses the feint while his op-ponents are behind him and then quickly turns the opposite way of the defenders and boom, he's off. His elegance when he has the ball makes it so no one pressures him. Even with the skills you have they're things that keep players from reaching their their full potential and that is confidence. Not being in control under pressure. If you have confidence you will make the best decision under pressure and get out of the situation with ease.

Another feature is your voice, good communication on the field al-lows your teammates yo be aware of their surroundings. Your voice can also motivate your teammates, to pick themselves back up after mistakes, not letting them dwell on it.

Over the years playing soccer as defender became easier because of the patience you need to wait until the opponent makes a mistake to be able to get the ball. Stepping hard on the opponent is like a 50 50 chance. When you lose that chance they have a chance to score. Player are evolving nowadays going in for the ball gives your opponent the advantage to get away a from you and you'll end up out of position and the opponent have a chance to score.

**BOOM!!** Photo credit: Weilu Kway

# THE LOVE & PASSION OF A JROTC STUDENT

ARTICLE BY KADANCE DALTON

Jada Dalton's role in JROTC is a S1 Chief. She said, "being a S1 Chief is a great responsibility." Dalton said that her rank in JROTC is a Staff Sergeant.

She said that being a staff Sergeant is a very important job she says that she loves being in JROTC.

Dalton said, "I might go to the Military after High School the Military will help me get into colleges and I want to help fight in the war and save our country."

After high school I don't know if I want to go to college or if I want to take a year off then go to college or if I want to go to the military said Dalton.

Dalton said that one of her role models is Gunnery Sergeant Getler also known as Gunny she said that he keeps her going and always reminds her that she is an amazing person and that she is good at her job and he told her that nothing can get in her way if she doesn't let it.

Last year Dalton won an award for most improved cadet. Dalton puts all her strength and power into being a S1 Chief she is so compassionate about JROTC. Dalton loves to help others improve in JROTC.

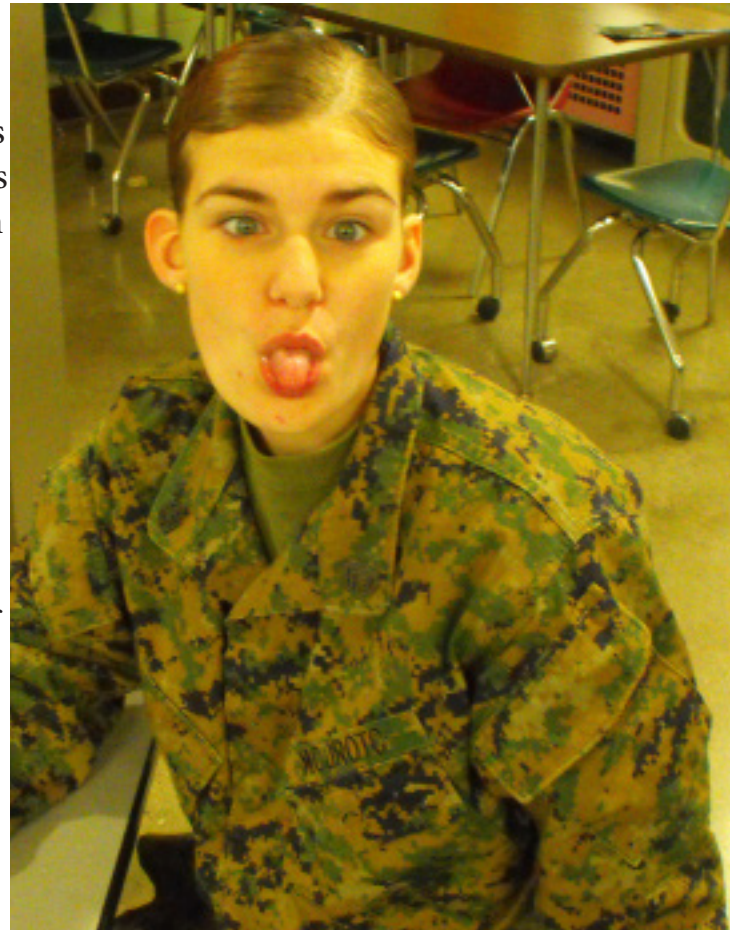
Dalton loves JROTC and she loves being a Staff Sergeant. Dalton is the most dedicated person I know she wouldn't trade JROTC for the world. Dalton has had some struggles in this last year, but she is getting back on track because of her love for JROTC she is the most determined student.

Dalton is a hard-working woman she never gives up on things she believes in. Every Friday the North High school JROTC program wears their cameo's to show respect for the program.

Every year at the end of the year there is an award ceremony for the people in JROTC. Some people get awards others don't but even if they do or if they don't, they are still very supportive of each other.

Dalton has said that JROTC is very important to her and she loves it so much and that JROTC has changed her.

This is Jada Dalton she is being silly and goofy in this photo this photo was taken by kadance dalton.



# Why the Ford Mach E Doesn't Deserve to be Called a Mustang.

By: Joshua Ferreyra



(photo credit free photo google images)



(photo credit free photo google images)

So, this opinion is mainly automotive enthusiast viewpoint. But first hear me out, the Mach e is a good-looking car and an all-electric SUV which is pretty cool, and most other enthusiasts would agree... but it's called a mustang, a 4 door SUV, is called a mustang.

Let's head back to when the mustang was first rolled off, it was a good looking 2 door coupe made to appeal to women. But it was such a good-looking car that everyone loved it.

To the point where the mustang 2 door coupe and a lot of horsepower became the fundamentals of a ford mustang. Example, you want a nice cold sprite but instead of sprite, you get spaghetti, you wanted a drink of sprite not food.

You wanted a two-door mustang, not an Electric SUV and have it called a mustang.

To be honest most would be fine if it was an actual all Electric mustang that's a coupe Many manufacturers do this strategic to pursue a market and hopefully make money in that strategic, I'm looking at you Mitsubishi (eclipse) moving on.

This strategic usually fails like with the eclipse cross it was named after the Mitsubishi eclipse (another car loved by enthusiasts) its sales aren't good, so this market is a huge risk to reward thing, and only some manufactures achieves this.

before i end this i wanted to talk about the history/legend of the ford mustang.

the ford mustang was first sold in 1964 was as i said made to appeal to women and it started to get cooler at 1967 when they unveiled the shelby gt350.

a lot of people bought them two thousand forty eight were sold.

this mustang was badass with a (7.0 L) v8 engine (its a pretty big engine) as the years went by the ford mustang was only being cooler there was the mach one.

there was the ford mustang two which wasn't such a good car due to being put underpowered engine's. there was the mustang fox body which was a retro looking car pretty cool.

the 2000 to 2004 model which were sleek and curvy which had some badass trim models like the cobra svt and the terminator.

the 2005 to 2010 mustang styling was beautiful it looked liked the old mustang.

in 2013 the mustang looked simaler and had the gt500 which was a beast.

overall the mustang is widley popular you probably knew someone who owned one.

its the symbol of ford and is proudly american its the ford mustang, a strong muscle car. not an electric car.



# Money Makes

Illustration Credit: Genesis Duarte

## an Impact

By: Genesis Duarte

Not enough money, this is something many public schools throughout the U.S. experience and I think that's a large problem. The many effects of low funding shouldn't be taken lightly, in fact, we should do what we can as students to help support our schools. Us students have voices and we can make change happen.

Recently the Des Moines Public School board has revealed a new project they hope to start working on. They plan to build a new stadium for Drake which is said to cost around 19 million. Many believe the low amount of new money com-

ing from the state is the major source as to why budget cuts happen and the impact from them is so large. After this incident, many people believe there are other factors that have to do with the low amount of money being put into education. I think misuse of money seems to be a part of it.

Many parents showed their disinterest in the stadium as well as anger. Students should have knowledge of these types of situations because it's us it's going to impact the most. In the article "The Evidence is Clear: More Money for Schools Means Better Student Outcomes" in

the neaToday, "Even smaller levels of spending made a significant difference in educational outcomes, including test scores and graduation rates." Increasing per-pupil spending by 10% in all 12 school-age years increases probability of high school graduation by 7 percentage points for all students, and by roughly 10 percentage points for non-poor children."

Budget cuts, the impact of them is clearly being shown throughout the years. The new 2019-2020 school year schedule can be to blame on limited money. Meeting all classes compared to last year's block sched-



ule is supposed to increase the time teachers are in class teaching, this is called the teacher utility rate. The school board is trying to make this rate higher so they can increase the time students are learning in school as well as minimize the effects of the limited money they have.

Many other impacts are shown at schools, like larger class sizes along with less classes being taught. Upperclassmen have many open periods due to this, meaning they don't have full schedules like other students. I believe all these effects of budget cuts are clearly being shown here at North.

School funding comes from different areas. Private schools rely on the money they get from sponsors as well as endowments from student tuition. Public schools may also have local sponsors, but they don't require tuition to attend. In the article "Public School Revenue Sources" in the National Center for Education Statistics, "Of this total, 8 percent, or \$58 billion, were from federal sources; 47 percent, or \$332 billion, were from state sources; and 45 percent, or \$316 billion, were from local sources." This was as of 2015-2016, most funds come from the state which throughout the years has been said to

not be enough for enough staffing and supplies.



The more supplies we use the more its going to cost. The effects of not enough school funding are shown here at North. Misuse of money in the district seems to be a cause. Things like staffing and class sizes can be controlled by money. Photo Credit: Genesis Duarte

# Are men and women equal?

By: Eh Moo

Do you still feel as if men and women still get treated differently although it's 2020?

When you walk into a store, you'll notice that women products are usually more expensive than men products. Take shampoo and condition as an example. An average man shampoo and conditioner price is \$5.68, while an average woman shampoo and conditioner price is \$8.39. Why is this? Just because of the "pink tax". If you don't know what the pink tax is, it is the extra amount women is charged for basic products and services. According to [axthepinktax.com](http://axthepinktax.com) the average women is charged an extra \$1,351 a year. Just for being a woman. This isn't fair.

In some workplace there is a wage gap between men and women. According to [iwpr.org](http://iwpr.org) in 2018, female full-time, year-round workers make only 82 cents for every dollar earned by men, a gender wage gap of 18 percent. What's worse is that women of color receive even less pay. According to [payscale.com](http://payscale.com) the largest uncontrolled pay gap is for American Indians and Alaska Natives, Black and Hispanic women. Women who identifies as a member of these races earn roughly \$0.74 for every dollar a white man earns. In other words, American Indians, Alaska Natives, Black and Hispanic women earn 26 percent less than a white man.

There's also a wage gap in sports. Women obviously play as hard as men and put so much effort but still get paid less than men no matter what the sport is. Lionel Messi is the top highest paid male soccer in the world. His 2019 salary is \$127 million. Alex Morgan is the top highest paid female athlete but her annual salary is only \$450,000.

Females also have less opportunities than male. They have more rules to follow than males too. After asking 5 males and 5 females if they do chores at home and have curfews, all 5 females said they have curfews and 1 out of the 5 males have curfew. As for doing chores 4 out of the 5 females said they have chores and for the male, only 2 out of the 5 said have chores.

Overall men seem to get more pay, get more opportunities, and pay less for everyday products. Women on the other hand pay more for everyday products, get less pay, and get less opportunities. Women still aren't equal to men. This need to change. Women are the same as men and should be treated the same as men.



Different. Hei Klay is sophmore at North. Unlike all her male relatives she has a curfew. She has to be home by 10:00 p.m while her male relatives can stay out all night.

Photo credit: Eh Moo

## Q&A

**Question:** Do you think women and men are treated equally ?

**Answer:** "I feel inferior to guys at my school when it comes to soccer, they believe that since boys are better built and taller they are a better soccer player than I am." -Female student 1

**Answer:** "Although we're trying to make equality between us it's clear women still get treated as if we're not equal to men. We get payed less. I think there is more business men than women." - Female student 2

**Answer:** "Women are being treated more kindly"- Male student 1

**Answer:** "No, men are usually higher status than women." - Male student 2

# ARMING TEACHERS

By: Sovia Bhandari



Melissa Daniels , and Jennifer Dryden are both teachers at North High School In Des Moines , Iowa. They both started teaching to better educate the youth . THEY DO NOT WANT TO BE ARMED ! ( Photo Credit Sovia Bhandari)

School shooting has been one of the biggest tragic events to happen in the U.S over the last 10 yrs. The Sandy Hook elementary shooting , December 14 2012 Stone man Douglas High School shooting, February 14 2018, but is arming teachers really the best situation, would it prevent these shootings? Well-maybe so but teachers didn't start teaching and think they would ever have to hold a gun. Students would not feel safe.

Teachers didn't start teaching to hold a gun they teach for the youth, to better educate students but putting firearms in teachers hands is only teaching you that violence is okay using guns is okay, and I don't think that honestly what teachers want their student to think. According to

education votes "A March 2018 Gallup poll found that 73% of U.S teachers do not want to carry guns in school" Our teachers don't want to carry guns so why are we trying to force guns into their hand. Schools need police officers, security guards, etc. Not teacher with guns. If teachers wanted to hold guns they would be police officers instead of teachers.

Students also have a say in this right? Well, most of the students I asked about this topic say that they would not feel safe with their teachers being armed." student aren't the only ones who can lose it and shoot up a school. Teachers can be just as mentally unstable" says sophomore Jennessa brown. She's right because teachers are humans they have emotions and sometimes everyone lets their emotion get the

best of them. According to theroot.com it states that "A Georgia teacher sent students and faculty into panic after he fired at least one shot inside a classroom, spiking tensions even further after the deadly school shooting in Parkland, FL", This teacher proved the point of teachers being mentally unstable, this teacher was on a suicide mission but what if a student walked in? What if it were the student dead rather than the teacher?

Guns should not be placed into the hands of teachers that's not there job and kids need to feel safe at school. Putting guns in teachers arms are only telling students it's okay to use guns. Yes, I get it's to protect the students as well when there is a school shooting but increase the number of police officers at school, and we'd all be fine.